

# THREE PURE RIVERS

三 清 河 道

## STUDIO FOR THE ARTS

18 RITTENHOUSE PLACE - P.O. BOX 402 DRUMS, PA 18222  
570.359.3059 - THREEPURERIVERS.COM

CLASS SCHEDULE - EFFECTIVE - JANUARY 5, 2015

### Qigong/Taijiquan/Meditation Classes

#### MONDAY

Qigong - 9:30 - 10:30 **AM**

Taijiquan (Tai Chi) - 10:30 - 11:30 **AM**

Qigong/Meditation - 7:30 - 8:30 **PM**

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#### TUESDAY

Taijiquan (Tai Chi For Arthritis) 11:00 **AM** - 12:00 **PM**

Dao Yin (Chinese Yoga) - 6:45 - 7:45 **PM**

Qigong/Meditation - 8:00 - 9:00 **PM**

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#### WEDNESDAY

Qigong - 9:30 - 10:30 **AM**

Taijiquan (Tai Chi) - 10:30 - 11:30 **AM**

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#### THURSDAY

Taijiquan (Tai Chi For Arthritis) 11:00 **AM** - 12:00 **PM**

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Due to my travel schedule, if you are planning on attending any of the regular classes, please call first - **570.359.3059** to ensure class is being held that day.

Cost: \$12.00 per class -- Inquire about multi-class discount.