

THREE PURE RIVERS

三 清 河 道

STUDIO FOR THE ARTS

18 RITTENHOUSE PLACE - P.O. BOX 402 DRUMS, PA 18222
570.359.3059 - THREEPURERIVERS.COM

CLASS SCHEDULE - EFFECTIVE SEPTEMBER 1, 2014

Qigong/Taijiquan/Meditation Classes

MONDAY

Qigong - 9:30 - 10:30 **AM**
Taijiquan (Tai Chi) - 10:30 - 11:30 **AM**
Qigong - 7:30 - 8:30 **PM**

TUESDAY

Taijiquan (Tai Chi For Arthritis) 11:00 **AM** - 12:00 **PM**
Fall 2014 Session - Tai Chi For Arthritis - 12:00 - 1:00 **PM**
Seasonal Program - Fall 2014 - 'BALANCING THE SCALES'
8 weeks: September 16 - November 4 (see website for flyer or call for details)
7:30 - 9:00 **PM**

WEDNESDAY

Qigong - 9:30 - 10:30 **AM**
Taijiquan (Tai Chi) - 10:30 - 11:30 **AM**

THURSDAY

Taijiquan (Tai Chi For Arthritis) 11:00 **AM** - 12:00 **PM**
Fall 2014 Session - Tai Chi For Arthritis - 12:00 - 1:00 **PM**

Due to my travel schedule, if you are planning on attending any of the regular classes, please call first - **570.359.3059** to ensure class is being held that day.

Cost: \$12.00 per class -- Inquire about multi-class discount.

Fall 2014 Session - Tai Chi For Arthritis - 6 weeks - 12 Classes

Tuesday September 23 - Thursday October 30 - Call for pricing and to register.