THREE PURE RIVERS

三清河道

STUDIO FOR THE ARTS

18 RITTENHOUSE PLACE - P.O. BOX 402 DRUMS, PA 18222 570.359.3059 - THREEPURERIVERS.COM

CLASS SCHEDULE - EFFECTIVE JUNE 23, 2014 Qigong/Taijiquan/Meditation Classes

MONDAY

Qigong - 9:30 - 10:30 AM Taijiquan (Tai Chi) - 10:30 - 11:30 AM Qigong - 7:30 - 8:30 PM

TUESDAY

Level I Tai Chi For Arthritis 11:00 AM - 12:00 PM Taijiquan (Tai Chi For Arthritis) - 12:00 - 1:00 PM Qigong - 6:30 - 7:30 PM Qigong - 7:30 - 8:30 PM

WEDNESDAY

Qigong - 9:30 - 10:30 AM Taijiquan (Tai Chi) - 10:30 - 11:30 AM Qigong/Meditation - 7:30 - 8:30 PM

THURSDAY

Level I Tai Chi For Arthritis 11:00 AM - 12:00 PM Taijiquan (Tai Chi For Arthritis) - 12:00 - 1:00 PM

Due to my travel schedule, if you are planning on attending any of the regular classes, please call first - 570.359.3059 to ensure class is being held that day.

Cost: \$12.00 per class -- Inquire about multi-class discount.

Level I Tai Chi For Arthritis Spring & Fall Sessions 8 weeks, 16 classes. Call for pricing and to register.