

立冬

Li Dong

Li Dong: 19th Solar Term
'Standing Up of Winter'
November 7, 2013
Sun = 225°

Li Dong occurs this year on November 7 and is known as '**Standing Up of Winter**'. It is the nineteenth of the 24 Solar Terms which divide the year into 24 'terms' or seasonal markers. Based on the 360° passage of the Earth around the Sun, each term is 15° which translates into 15 days per term.

Li Dong is the first solar term of the winter season. In ancient times '**Standing Up of Winter**' was an important festival when the Emperor followed by groups of officials would come to the suburb of the capital to offer a large sacrifice to heaven. Nowadays, people celebrate with Jiaozi (dumplings), winter swimming and eating mutton, beef and carrots.