

白露

Bai Lu

Bai Lu: 15th Solar Term
'White Dew'
September 7, 2013
Sun = 165°

Bai Lu occurs this year on September 7 and is known as '**White Dew**'. It is the fifteenth of the 24 Solar Terms which divide the year into 24 'terms' or seasonal markers. Based on the 360° passage of the Earth around the Sun, each term is 15° which translates into 15 days per term.

Bai Lu is the time when the metal element begins to take residence along with the dryness and the coming harvest. As the nights begin to get cooler, more noticeable is the white dew on the fields in the mornings. The spider's webs are very beautiful this time of the year as they glisten with the morning dew. Guard the lungs for they are the 'sensitive organ' by avoiding excessive dryness and sudden cold wind.