Chinese Astrology - Qigong Workshop

生辰八字四柱命理學

MARK R. REINHART 馬克永學 ■ 三清河道

SUNDAY AUGUST 16, 2015 10:00 AM - 6:00 PM

Cost: \$175.00 (INCLUDES YOUR PERSONAL CHART) \$145.00 (WORKSHOP ONLY)

The Four Pillars and Eight Characters form one of the oldest systems of astrology. Based on the Five Elements and the 60 Year Cycle of Ten Heavenly Stems and Twelve Earthly Branches, Chinese Astrology enables us to view ourselves in a unique and very complete way.

During this workshop, you will learn how this system works and how it can provide insights into your motional disposition, physical strengths and weaknesses, food preferences, color choices, compatibility, and many more aspects of yourself.

Space is limited so register early. Payment is required upon registration along with your birth information: year, month, day and time (within 2 hours), as each person will receive their own individual chart to be reviewed during the workshop.

Wood 木 Water 水 風 火 火 Metal 全 人

Section 1 10:00AM - 12:00PM Grounding & Centering - Yin/Yang -Five Elements - Ten Heavenly Stems -Twelve Earthly Branches - Cycle of 60

Section 2 1:00 - 3:00PM Chart Review - Discussion/Questions Interpretation

Section 3 4:00-6:00PM Movement - Meditations - Detox -Grounding - Five Element Exercises -Regulation - Balancing

Inner 🕀 and Wellness Center

202 South 3rd Street - Hamburg, PA 19526 610.401.1342